



Aquatics GB
DIVING
CHAMPIONSHIPS

SANDWELL AQUATICS CENTRE
23-26 MAY 2024



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WELCOME



Warm greetings from us all at Aquatics GB.

We are delighted to welcome you to Sandwell for the Speedo Aquatics GB Diving Championships 2024, one of the highlights of our domestic events calendar and one that showcases some of the best of the sport in this country. It is absolutely fantastic to be back at Sandwell Aquatics Centre following the success of Birmingham 2022 Commonwealth Games.

This is a crucial meet for those athletes looking to be selected for the GB team that will compete at this year's Olympics in Paris, France. Throughout this competition, we all have the opportunity to watch some of our reigning champions compete alongside some of the up-and-coming athletes breaking on to the scene, with every single competitor on an entry list this week having reached this stage due

to incredible commitment, talent and dedication, from themselves and their valuable support networks.

The best of luck to all competitors. We hope you relish the challenge of fierce competition and enjoy the support – just know that we are right behind each and every one of you.

Our thanks to our naming rights partner Speedo and to Sandwell Aquatics Centre for hosting this event; to the workforce and volunteers who help to make this event happen; and to the outstanding support of our principal partner Speedo and the continued contribution from The National Lottery, Lottery players, Sandwell Leisure Trust, UK Sport, Lebara, Healthspan and SOS.

KAREN WEBB MOSS

AQUATICS GB CHAIR

NOTES FROM THE ASSOCIATE PERFORMANCE DIRECTOR

Welcome to the 2024 Speedo Aquatics GB Diving Championships, our flagship domestic diving event taking place for the first time at the brilliant Sandwell Aquatics Centre.

So many of our divers have cherished memories of this venue from their time at the Birmingham 2022 Commonwealth Games, when they performed outstandingly in front of a raucous home crowd.

Two years on, they return to Sandwell for what is a key event in our final selections for the Olympic team heading to Paris in just a couple of months' time, as well as for the group that will contest June's European Championships in Belgrade - and that will make for some truly top-class diving action over the next few days.

Every international competition that British divers have competed in during this Olympic cycle has demonstrated the reasons why our athletes will be pushing each other, as well as themselves on, when they take to the boards in Sandwell.

Whether it was a record medal haul from this year's World Championships in Doha, history-making successes for our female divers over the last two World Championships, eye-catching displays

at last year's European Games, continued success at World Junior and European Junior level or even more recent examples at the World Aquatics Diving World Cup Super Final and contests involving senior and junior divers out in Indianapolis and Dresden, our athletes' commitment and quality in training, as well as the world-class coaches and support staff they work with, is clear for all to see once they step into the arena.

For that reason, there will be plenty of athletes in contention to claim British titles across the four individual events of the Women's 3m Springboard, Women's 10m Platform, Men's 3m Springboard and Men's 10m Platform, with that final contest bringing the curtain down on the Aquatics GB Diving Championships with style and drama on Sunday afternoon.

There will also be the chance to see some of our Olympic-bound synchronised pairings in action together for one of the final times before the summer.

Eight divers have already been selected to Team GB as part of those synchro diving selections, and we are very excited for our Paris-bound team to be completed off the back of this week's competition, as we build towards the pinnacle of our sport at the Olympic Games in July and August.

On top of selection criteria and medal ambitions, though, I know that every single athlete who competes here has worked tirelessly to get to this stage, and I wish every single person - as well as the coaches, officials, volunteers, and family and friends of those involved - a successful competition.

For those of you sat in the stands at any point during the event, or for the supporters watching live on BBC Sport or the Aquatics GB YouTube channel, it's going to be a lot of fun.

TIM JONES

ASSOCIATE PERFORMANCE DIRECTOR



SCHEDULE

*Please note finish timings are approximate and may be subject to change

DAY 1 - 23 MAY	DAY 2 - 24 MAY
<p>SESSION 1 – 18:00 - 21:40 Men's 3m Springboard Preliminary Women's Platform Preliminary</p>	<p>SESSION 2 – 11:00 - 13:20 Men's Platform Synchronised Final Women's 3m Springboard Preliminary</p>
	<p>SESSION 3 – 18:00 - 21:20 Men's 3m Springboard Final Women's Platform Final</p>
DAY 3 - 25 MAY	DAY 4 - 26 MAY
<p>SESSION 4 – 11:00 - 12:20 Men's Platform Preliminary</p>	<p>SESSION 6 – 11:00 - 12:20 Men's 3m Springboard Synchronised Final Women's 3m Springboard Synchronised Final</p>
<p>SESSION 5 – 16:00 - 18:20 Women's Platform Synchronised Final Women's 3m Springboard Final</p>	<p>SESSION 7 – 15:00 - 16:35 Men's Platform Final</p>

Thank you to all our Aquatics GB volunteers for their dedicated support in the lead up and during the Speedo Aquatics GB Diving Championships. Without them events like this would not be possible.

ACKNOWLEDGEMENTS

ON BEHALF OF AQUATICS GB

Aquatics GB Chair: **Karen Webb Moss**

Aquatics GB Chief Executive Officer: **Drew Barrand**

Performance Director: **Chris Spice**

Associate Performance Director: **Tim Jones**

Director of Events and Communications: **Claire Davenport**

Head of Events: **Vicky Roberts**

Senior Events and Partnerships Officer: **Abbie Roberts**

Events and Partnerships Officer (Event Lead): **Issy Griffiths**

Head of Marketing and Communications: **Josh Murray**

Senior Digital Communications and Marketing Officer: **Lloyd Rogerson**

Digital Content and Marketing Assistant: **Charlie Oliver**

Digital Content Producer: **Will Tyrer**

EVENT TEAM

Meet Director: **Gail Harrison**

Chief Recorder: **Jackie Laughler**

Field of Play Manager: **Jayne Glynn**

Spectator Services Manager: **Holly Martindale**

Front of House Manager: **Jan Gittings**

IT Manager: **Andy Hewat**

Recorder: **Leigh Duke**

Field of Play / Medal Bearers Team:

Melanie Sweetman, Nikki Smith,

Logan Soutar, Joanne Cowe,

Shereen Ragab, Eilidh Cowe,

Soph Gallagher, Soph Ragab,

Stan Wilkins, Kalila Mccrickard, G. Arty

Spectator Services: **Sarwat Aslam,**

Fiona Ochai-Wery, Teresa Mayo,

Helen Pipe, Stephen Taylor,

Trevor Swain, Gill Williams,

Richard Luton, Judy Brown,

Caroline Kinnings, Gina Collins,

Chris McEwan, Hardip Gill,

Rajinder Masaun, Michael Lowe,

Frank Addai, Baljinder Bungar,

Ganapathivelan Chandramanohar,

Linda Sullivan, Julie Birley,

Kuldeep Bansal, Karl Rakowski,

Michael Ault, Geraldine Anderson,

Gail Hall

Chief Referees: **Vicki Tomlinson,**

Melanie Beck

Judges: **James Hadley, Matt Pipe,**

Lindsey Fraser, Nigel Mills,

Sally Freeman, Emily Saunders,

Hayley Sage, Susie Bamber,

Carlos Ferra, Lottie Thompson,

Nicki Allsop, Ronald van der Voort,

Hana Novotna, Nora Szekffy,

Peter Axtelius

GET ACTIVE WITH SANDWELL LEISURE TRUST

Make a splash and explore all the fantastic fitness facilities we have to offer across Sandwell!

As both an independent company limited by guarantee and a registered charity, Sandwell Leisure Trust maintains eight affordable leisure centres tailored to help you achieve your active lifestyle goals.

From high-energy workouts and sports to lower-impact aerobics classes, we have something for everyone at our centres in Rowley Regis, Cradley Heath, Smethwick, Tipton, Oldbury, and Wednesbury.

OUR MISSION: Get More People Active.

We carefully balance our social ethos with commercial ambitions to invest in a wide range of quality sports and leisure services across Sandwell. We aim to make fitness accessible for all.

Visit one of our centres to see how we have changed lives and helped people enjoy physical activity or follow Your Fitness Journey with SLT. Stay connected with us on social media for the latest updates, class schedules, and more! You can find out more and where to follow us by visiting slt-leisure.co.uk.



SANDWELL LEISURE TRUST

ABOUT

Unlock a world of fitness and fun at one of the Sandwell Leisure Trust's eight leisure centres. Whether you're seeking an invigorating workout, a swim at world-class facilities, or an energetic fitness class, we've got you covered.

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LEON TAYLOR

TV COMMENTARY



ELLEN ELLARD

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MAX WHITTLE

VENUE COMMENTARY



JILL ROBINSON

BRINGING THE NOISE



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23rd-26th May | Live on BBC iPlayer & Red Button

Make sure you're bringing your best energy to win Speedo giveaways from our t-shirt cannon and test your diving knowledge with our pre-session quiz, 'The Warm Up', hosted by Max Whittle.

We will hear from special guests and competing athletes throughout the event, and in our breaks between competition, we'll have a DJ to bring us the tunes - and make sure to bring your own energy to Birmingham by showing us your moves on our big screen Dance Cam, where our judges will be on hand to give us their scores...

Stick around after every final as we hear from the athletes and see the medal presentations straight afterwards. If you can't make it in person over the full weekend, catch every finals session live on BBC iPlayer and the BBC's red button services, with full competition coverage live on Aquatics GB YouTube channel.

SINCE LAST WE MET...

It has been a busy 12 months for our divers since they last came together to compete at an Aquatics GB Diving Championships.

There have been multiple moments of history, podium celebrations and promising performances across two World Championships, a European Games and several World Aquatics Diving World Cup competitions that have spanned the last year and stretched their way across four continents.

Here is a look back on how it all unfolded...

SYNCHRO FLOURISHES IN FUKUOKA

A unique run-up to this summer's Olympic Games in Paris has seen two World Aquatics Championships take place within eight months of each other.

Fukuoka in Japan served up the 2023 edition, providing the first major opportunity for nations to lock in as many Olympic quota spots as possible, one year out from the Games.

By the end of eight days of action, an 11-strong British team had rubber-stamped eight of those spots, on top of securing a trio of World Championship silver medals.

Jack Laughler and Anthony Harding opened the diving programme up with Britain's first medal on day two as they backed up their



Yasmin Harper and Scarlett Mew Jensen with coaches Tom Owen and Jane Figueiredo after winning World Championship 3m Synchro silver in Fukuoka.

Worlds silver of 2022 in the Men's 3m Synchro, before a moment of history followed courtesy of Lois Toulson and Andrea Spendolini-Sirieix in the Women's 10m Synchro, the 2022 European champions taking silver to become the first athletes to win a World Championship medal for Britain in a women's event.

Remarkably, only 24 hours later, the feat was repeated as Scarlett Mew Jensen and Yasmin Harper teamed up to win silver in the Women's 3m Synchro.

Those synchro medals all came with Paris 2024 quota spot qualification - and another five quota spots were secured on the individual side courtesy of top 12 finishes from Noah Williams and Kyle Kothari in the Men's 10m Platform (fourth and fifth respectively in a stunning final), Dan Goodfellow in the Men's 3m Springboard, Toulson in the Women's

10m Platform and Mew Jensen in the Women's 3m Springboard. It meant nine of the 12 spots were in the bag by this stage, thanks in part to Eden Cheng's Women's 10m Platform gold at the European Games - of which more later.

DELIGHT IN DOHA

From the success of Fukuoka came a record-breaking World Championship return for the Aquatics GB team in Doha this February.

Securing the three remaining Olympic quota spots for Team GB was the overriding goal - but on top of booking those Eurostar tickets in the Women's 3m Springboard, Men's 3m Springboard and Men's 10m Synchro - to ensure Team GB have a full cohort of diving spots come July - our divers accrued a historic seven medals across a packed nine-day schedule, one more than their previous best in Budapest two years previous.

That haul included the Mixed Team world title as Tom Daley, Goodfellow, Spendolini-Sirieix and Mew Jensen combined to superb effect, history-making individual medals for Grace Reid (Women's 1m Springboard silver) and Spendolini-Sirieix (Women's 10m Platform bronze), and a stunning Men's 10m Synchro silver in Daley and Williams' first international competition as a pairing.

On top of that came second successive World Championship synchro medals from 3m for Harper and Mew Jensen for bronze and Spendolini-Sirieix and Toulson from 10m for another bronze, while Ross Haslam's bronze in the Men's 1m Springboard was his maiden medal at that level of competition. All impressive displays in such a high-class field, five months out from an Olympic Games.

"We were really clear before we went to Doha that the goal was absolutely to get

those three remaining Olympic quota spots across the line, and we did, and we did that well," said Aquatics GB Associate Performance Director Tim Jones at the time.

"We also knew that if we focused on that, but also came to make a good representation of ourselves, we stood a good chance of winning some medals, and we've clearly done that as well."



Noah Williams and Tom Daley. Men's 10m Synchro - Silver. Doha 2024

EURO SUCCESSES

A busy 2023 season saw the third European Games take place, with a 14-strong GB team selected to head to Poland.

Across the competition, the team secured seven medals, including a hat-trick of glorious golds. The first of those came from the 10m platform, as Eden Cheng delivered a clutch final-round dive to take the title and, in doing so, get the ball rolling on Team GB's Olympic quota spot qualifying - that proved to be the first of all 12 Olympic quota places secured.

Desharne Bent-Ashmeil and Amy Rollinson teamed up in style to win the Women's 3m Synchro title - meaning two different pairs picked up a European gold and Worlds silver in the space of a month - before Ross Haslam sparked big celebrations as he took the title in the Men's 1m Springboard on his return to senior international competition after a few years of injury setbacks.

On top of those moments, there was double medal success for Grace Reid - individually in the 1m Springboard with bronze, and with a silver alongside James Heatly in the Mixed 3m Synchro.



Amy Rollinson and Desharne Bent-Ashmeil. 3m Synchro - Gold. European Games 2023

Robbie Lee took a dramatic Men's 10m Synchro silver to win his first major senior international medal, while Ben Cutmore and Matthew Dixon combined for synchro bronze from that same 10m platform.

VALUABLE WORLD CUP EXPERIENCE

Away from two successive World Championships, the World Aquatics Diving World Cup's new format over the past 18 months has provided an additional top-level competition opportunity for the GB divers looking to test themselves against the world's best.

Points gained from results across the opening two World Cup legs can qualify a diver or synchro pair for the Super Final, where they compete for those overall World Cup titles.

In both 2023 and 2024, the Aquatics GB team gained five medals apiece in the Super Final. At the inaugural event in Berlin last August, the GB team maintained their lofty standards from Fukuoka to step on to the podium on all three days of competition, with two of the memorable medal moments coming from synchro pairings, Toulson and Spendolini-Sirieix capping a superb first full season together with bronze.

Andrea Spendolini-Sirieix, Tom Daley, Grace Reid and Dan Goodfellow. Mixed Team - Silver. Diving World Cup Super Final China 2024



Jordan Houlden and Anthony Harding then came together to deliver a brilliant display for Men's 3m Synchro silver, with Houlden stepping in brilliantly as Laugher missed out to manage a knee condition at the time.

Spendolini-Sirieix and Williams delivered on the individual stage, claiming bronze in the Women's 10m Platform and Men's 10m Platform respectively, while the five-medal showing was rounded out in the Mixed Team event, Houlden, Toulson, Williams and Reid coming together to secure that podium place.

This year, Britain ended with another five medals - second only to China in the Super final. That included a pair of silvers for Tom Daley, as he and Noah Williams laid down their latest world-class list of dives to place second in the Men's 10m Synchro, while Daley was part of the Mixed Team quartet who claimed silver - Daley and Spendolini-Sirieix's 10m synchro effort earning exclusively 8.5s and 9s from the judges.

Three-time Olympic medallist Laugher claimed a pair of bronzes over the two days, opening up with bronze alongside Harding in the Men's 3m Synchro and then repeating that result in the individual event, before Spendolini-Sirieix brought home the final British medal with a repeat of her World Championships bronze.

And so, after another remarkable, whirlwind 12 months for Britain's divers around the globe, it is back to home soil and the Sandwell Aquatics Centre, for a massive Speedo Aquatics GB Diving Championship. Here we go...

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AQUATICS GB SUMMER CHAMPIONSHIPS

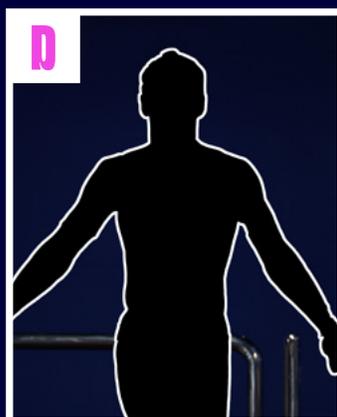
20-26 JULY 2024



Aquatics GB

GUESS THE DIVER

Can you guess the athletes that are hidden behind the silhouettes? Try it out below!



HOW IS DIVING SCORED?

The scoring system differs depending on whether they are Individual or Synchronised events. Diving scores use a range from one to 10, in ½ point increments. Individual events are scored purely by execution whereas, the Synchronised events are also scored on synchronisation as well as execution.

INDIVIDUAL EVENTS

Individual events are scored by a panel of seven judges. Once all seven judges submit their scores for a dive, the two highest and two lowest scores are eliminated. Therefore, leaving the remaining three scores to be added together to calculate the execution score before being multiplied by the degree of difficulty of the performed dive. This will provide their score for that particular round. Every round the dive score is added to the total of the previous rounds to provide the diver's overall score.

SYNCHRONISED EVENTS

Synchronised events are scored by a panel of eleven judges. Six judges are assigned to scoring the execution (three focusing on one diver of the pair, while a separate three focus on the other diver of the pair). The other five judges are assigned to score the synchro pair's synchronisation.

Once all eleven judges submit their scores, only five are used: the median execution scores for each diver, alongside the middle three synchronisation scores. All five scores are added together, multiplied by 0.6 to align closer with Individual event scores then multiplied by the degree of difficulty.

DIVING PENALTIES

The below penalties outline how dives can be deducted and for how many points:

- **Failed Dive** – 0 points possible – this is when the diver lands flat, does the wrong dive or doesn't make the full dive
- **Restarted Dive** – total dive score with a 2 point deduction from each judge (this is automatically applied within dive recorder but the announcer may read '5 less deduction reads 3...')
- **Flight or Danger** – maximum of 2 points can be awarded for the dive by each judge – this could be an inward or reverse dive that is too close to the board
- **Arm Position** – maximum of 4 ½ points can be awarded for the dive by each judge – generally unlikely to happen at this level of event

For further information on Scoring, please [click here](#).

SELECTION POLICIES

2024 OLYMPIC GAMES:

26 JULY – 11 AUGUST 2024, PARIS, FRANCE

*The nomination policy is subject to a number of general conditions, available in the online nomination policy [here](#).

1. POLICY PURPOSE

1.1 This policy outlines the process for nominating the Diving team to the British Olympic Association (BOA) to represent TeamGB at the 2024 Olympic Games in Paris, FRANCE.

2. PERFORMANCE OBJECTIVE

2.1 The performance objective for the Diving Team is to maximise medal return at the Paris 2024 Olympic Games.

3. NOMINATION OVERVIEW

3.1 All nominations will be made by a Nomination Panel comprising 3 members. The Nomination Panel (the "Panel") members are: the Aquatics GB Associate Performance Director, Head Coach Olympic Diving, and the Performance Pathway Lead Olympic Diving, with a record of the nomination meeting taken by a note taker.

3.2 An Independent Observer will also attend the nomination meeting to ensure due process, but with no voting rights.

3.3 Nominations will be made following the conclusion of the 2024 British Diving Championships, Sandwell Aquatics Centre, 23rd – 26th May 2024, (known as "the British Championships"), subject to clauses 5.1 and 6.1 below.

3.4 In the event that the 2024 British Championships are cancelled, a revised Nomination Policy will be published.

3.5 Subject to clause 6, in addition to the British Championships performances from the following competitions will also be considered by the Nomination Panel:

- 2024 World Championships, 2nd – 10th February 2024, Doha, Qatar
- 2024 World Aquatics Diving World Cup events, dates and venues as listed below:

STOP1: 29th February – 3rd March 2024, Montreal, Canada

STOP 2: 21st – 24th March 2024, Berlin, Germany

STOP 3 (Super Final): 19th – 21st April 2024, Xí'an, China

3.6 Nominations will be made to the British Olympic Association (BOA). It is the role of the BOA to ratify these nominations and confirm these as formal TeamGB selections.

4. ELIGIBILITY

4.1 Only athletes who are a British citizen, have a valid British passport (valid for six months after the Games) and are eligible to represent Great Britain as per the Olympic Charter Rules will be considered. The BOA in consultation with World Aquatics and the International Olympic Committee ("IOC") will decide on any question of eligibility (having regard to all eligibility criteria including as set by the BOA, Aquatics GB, World Aquatics and the IOC) and the IOC's decision shall be final.

4.2 Athletes must meet all requirements set out in clause G1 in the General Conditions of this policy.

5. TEAM SIZE

5.1 The International Olympic Committee (IOC) makes provision that each National Federation may enter a maximum of two (2) competitors per event for each individual event and one (1) team of two (2) competitors for each synchronised event, subject to quota places having been qualified.

5.2 A list of available quota places will be published on the Aquatics GB official website (www.britishswimming.org) as soon as possible after the conclusion of the 2024 World Championships, following confirmation by World Aquatics in conjunction with the IOC, but will be capped at a maximum of 16 places.

5.3 The split of places by gender will be in accordance with available quota places available and published by Aquatics GB as per clause 5.2

6. NOMINATION PROCESS

6.1 The winner of the British Championships in the Olympic individual events will be nominated to the BOA to represent TeamGB at the 2024 Olympic Games subject to achieving the Qualifying Standards set out in Table 1 in both the Preliminary and Final rounds.

6.2 Any additional unallocated places remaining in the Olympic individual events following the application of clause 6.1 will be nominated to the BOA to represent TeamGB at the 2024 Olympic Games at the complete discretion of the Panel. The Panel will apply its discretion in accordance with achieving the performance objectives set out in 2.1 and the application of discretion by the Panel will be recorded in the nomination meeting.

6.3 For the Olympic Synchronised teams, divers will be nominated to the BOA to represent TeamGB at the 2024 Olympic Games at the complete discretion of the Panel. The Panel will apply its discretion in accordance with achieving the performance objectives

set out in 2.1 and the application of discretion by the Panel will be recorded in the nomination meeting.

6.4 In exceptional circumstances, the Panel reserves the right to select athletes for the Olympic Synchronised teams prior to the British Championships, at any time following the conclusion of the 2024 World Championships (date and venue as noted above) to support the performance objective set out in clause 2.1

7. EVENT ENTRIES

7.1 This policy nominates divers for the 2024 Olympic Games. The Head Coach Olympic Diving in consultation with the Associate Performance Director has the responsibility to then determine all final event entries.

8. ANNOUNCEMENT

8.1 The 2024 Olympic Games nominations will be formally announced by the British Olympic Association on or before 15th June 2024.

9. SUMMARY TIMELINE

Nomination Panel meeting	27 May 2024
Appeals Window	28 May 2024 – 12pm, 31 May 2024
Nominations ratified by BOA	On or before 28 May 2024
Team announcement	On or before 15 June 2024

APPENDIX 1

EVENT	PRELIMINARY	FINAL
FEMALE 3m Springboard	290	310
MALE 3m Springboard	460	480
FEMALE 10m Platform	315	320
MALE 10m Platform	450	480

TEAM GB SYNCHRO DIVING PAIRS CONFIRMED FOR PARIS 2024

Olympic champions Tom Daley and Jack Laugher were among the first eight divers confirmed by the BOA (British Olympic Association) to represent Team GB at the Paris 2024 Olympic Games as part of the synchronised diving pairing selections.

With Aquatics GB divers having qualified a full set of Games quota spots for Paris 2024 across the past two World Aquatics Championships, it means Team GB will again be contesting all four of the synchro events - the men's and women's 3m springboard synchro and men's and women's 10m platform synchro.

Following their World Championship silver medal together in Doha in February, Daley and Noah Williams are selected for the Men's 10m Synchro. Sixteen years on from his Olympic debut in Beijing, Daley - who will be competing at his fifth Olympic Games - will be looking to defend the Men's 10m Synchro title he won with Matty Lee back in Tokyo, having previously claimed bronze alongside Daniel Goodfellow at the Rio Games.

In the Women's 10m Synchro, Lois Toulson - who is heading to her third Olympics - and Andrea Spendolini-Sirieix will combine off the back of historic podium finishes at the last two World Championships, a statistic matched by Women's 3m Synchro pairing Yasmin Harper - on her Olympic debut - and Scarlett Mew Jensen.

Anthony Harding, who will also be making his Olympic debut in Paris, will partner Rio 2016 champion Jack Laugher in the Men's 3m Synchro, the duo having won two World Championship silvers and European and Commonwealth titles over the last two years. Laugher - whose Olympic debut came at London 2012 - won this event in Rio with Chris Mears, and like Daley, has also won two individual medals at previous Games.

Britain's success in all Olympic synchro events at the three World Championships since Tokyo 2020 - with eight medals and 10 top-five finishes in that time - makes this an exciting first stage of selection for the full diving team that will head to Paris, with the complete cohort to be confirmed following this month's **Speedo Aquatics GB Diving Championships at the Sandwell Aquatics Centre (23rd-26th May)**.

Team GB Chef de Mission Mark England commented: "Congratulations to the first eight divers selected to Team GB for Paris 2024. All four pairs have proven that they can challenge for podium places on the

world stage, and it is fantastic to see the calibre of diving athletes getting stronger and stronger with each Games.

"There is also a fantastic mix of youth and experience within the squad, and I am delighted to welcome Olympic champions Jack and Tom back to Team GB for a fourth and fifth Games respectively. Congratulations to Tom in particular who becomes the first British diver to compete at five Olympic Games, a remarkable achievement."

Speaking on the first eight divers selected to this Team GB diving team, Aquatics GB Associate Performance Director Tim Jones said: "We are very pleased to be able to confirm this group of athletes on to the team as we build towards Paris, where we are looking to capitalise on the strong foundations we have created in this Olympic cycle.

"Thanks to the fantastic work of each of these eight athletes, their coaches and the world-class support staff working with them on a daily basis, we put in performances at last year's World Championships in Fukuoka and this year's event in Doha that ensured GB will have a full cohort of synchro pairings involved across the programme in Paris - and we know that, on the back of those performances, plus more recent results at top-level international competitions and the work that we see going in day in and day

out in training, that each pair will be pushing for podium contention in the summer.

"It is also testament to this programme, and the ongoing support of key stakeholders Team GB, UK Sport and The National Lottery, that this team includes Tom Daley heading to his fifth Olympics, Jack Laugher preparing for his fourth and Lois Toulson gearing up for her third Games - this is impressive longevity in any sport, but particularly one as demanding as diving. Equally, it is always exciting to see athletes building up to their Olympic debut, and we are looking forward to seeing Yasmin Harper and Anthony Harding make those hard-earned bows in Paris."

Reflecting on the ongoing successes of this group of athletes, Aquatics GB Diving Head Coach Alexei Evangulov added: "At two consecutive World Championships, we have seen our pairs confidently take places on the podium. As well as that, for the first time in our history, our female synchro pairs

won World Championship medals in 2023 – and they did so again at the Worlds earlier this year. This success across the pairings has continued at the World Aquatics Diving World Cup series, taking place over the past two months.”

As he prepares for his fourth Olympics, 12 years on from his Games debut at London 2012, Laugher said: “It’s been a long time. I’m sat at the London Aquatics Centre right now, and then this will be my fourth

Olympics in Paris. It’s not what I thought was going to happen when I was a kid, but I’m so glad I’m here!

“It’s a massive testament to myself but also the people I have around me, the teams, the people who work hard to keep me in shape, my coaches and everyone to get me in the best quality I can be in to go to another Olympic Games - and hopefully hit hard.”

TEAM GB SYNCHRONISED DIVING ATHLETES:

Yasmin Harper (Sheffield Diving Club)

Scarlett Mew Jensen (British Diving Performance Centre London)
Women’s 3m Synchro

Anthony Harding (British Diving Performance Centre Leeds)

Jack Laugher (British Diving Performance Centre Leeds)
Men’s 3m Synchro

Andrea Spendolini-Sirieix (British Diving Performance Centre London)

Lois Toulson (British Diving Performance Centre Leeds)
Women’s 10m Synchro

Tom Daley (British Diving Performance Centre London / UCLA)

Noah Williams (British Diving Performance Centre London)
Men’s 10m Synchro



Entries as of 1 May 2024

ENTRIES

THURSDAY 23 MAY 2024

SESSION 1 – START TIME: 18:00

Men's 3m Springboard Preliminary

1	Leon Baker	City of Sheffield Diving Club	12	Jack Laugher	City of Leeds Diving Club
2	Matthew Dixon	Dive London Aquatics Club	13	Danny Mabbott	Edinburgh Diving Club
3	Cameron Gammage	Southampton Diving Academy	14	Shane McConnell	Edinburgh Diving Club
4	Todd Geggus	Southend Diving	15	Joseph Nichol	City of Leeds Diving Club
5	Daniel Goodfellow	Dive London Aquatics Club	16	Jake Passmore	Ireland
6	Ross Haslam	City of Sheffield Diving Club	17	Declan Rogan	City of Sheffield Diving Club
7	Ollie Heath	Plymouth Diving Club	18	Maxwell Spencer	Dive London Aquatics Club
8	James Heatly	Edinburgh Diving Club	19	Lachlan Stark	Edinburgh Diving Club
9	Matthew Hibbert	Aquarijn Diving Team	20	Hugo Thomas	Dive London Aquatics Club
10	Jorden Houlden	City of Sheffield Diving Club	21	Oscar Willcox	City of Sheffield Diving Club
11	Yona Knight-Wisdom	Jamaica			

Women's Platform Preliminary

1	Robyn Birch	Dive London Aquatics Club	6	Hannah Newbrook	Dive London Aquatics Club
2	Eden Cheng	Dive London Aquatics Club	7	Else Praasterink	Netherlands
3	Libby Duke	Edinburgh Diving Club	8	Andrea Spendolini-Sirieix	Dive London Aquatics Club
4	Ellen Gillespie	Edinburgh Diving Club	9	Lois Toulson	City of Leeds Diving Club
5	Libby Mitson	City of Leeds Diving Club			

SESSION 2 - START TIME: 11:00

Men's Platform Synchronised Final

1	Angus Menmuir	Edinburgh Diving Club
	Shane McConnell	Edinburgh Diving Club

Women's 3m Springboard Preliminary

1	Desharne Bent-Ashmeil	Dive London Aquatics Club	9	Clara Kerr	Edinburgh Diving Club
2	Matilda Brown	City of Sheffield Diving Club	10	Maya Kutty	Southampton Diving Academy
3	Katie Burton	City of Leeds Diving Club	11	Elizabeth Powley	City of Sheffield Diving Club
4	Libby Duke	Edinburgh Diving Club	12	Holly May Prasanto	City of Sheffield Diving Club
5	Callie Eaglestone	City of Leeds Diving Club	13	Grace Reid	Dive London Aquatics Club
6	Yasmin Harper	City of Sheffield Diving Club	14	Amy Rollinson	Dive London Aquatics Club
7	Tereza Jelinkova	Czech Republic	15	Amelia Scott	City of Sheffield Diving Club
8	Chloe Johnson	City of Leeds Diving Club	16	Amelie Underwood	Plymouth Diving Club

SESSION 3 – START TIME: 18:00

Men's 3m Springboard Final

Women's Platform Final

SATURDAY 24 MAY 2024

SESSION 4 - 11.00

Men's Platform Preliminary

1	Ben Cutmore	Dive London Aquatics Club	6	Shane McConnell	Edinburgh Diving Club
2	Bryn James	Southampton Diving Academy	7	Angus Menmuir	Edinburgh Diving Club
3	Kyle Kothari	Dive London Aquatics Club	8	Maxwell Spencer	Dive London Aquatics Club
4	Robbie Lee	Dive London Aquatics Club	9	Ross Tynan	Edinburgh Diving Club
5	Euan McCabe	Plymouth Diving Club	10	Noah Williams	Dive London Aquatics Club

SESSION 5 – 16:00

Women's Platform Synchronised Final

1	Ellen Gillespie	Edinburgh Diving Club	2	Andrea Spendolini-Sirieix	Dive London Aquatics Club
	Libby Duke	Edinburgh Diving Club		Lois Toulson	City of Leeds Diving Club

Women's 3m Springboard Final

SUNDAY 26 MAY 2024

SESSION 6 – 11.00

Men's 3m Springboard Synchronised Final

1	Leon Baker	City of Sheffield Diving Club	2	Anthony Harding	City of Leeds Diving Club
	Hugo Thomas	Dive London Aquatics Club		Jack Laugher	City of Leeds Diving Club

Women's 3m Springboard Synchronised Final

1	Desharne Bent-Ashmeil	Dive London Aquatics Club	3	Ellen Gillespie	Edinburgh Diving Club
	Amy Rollinson	Dive London Aquatics Club		Clara Kerr	Edinburgh Diving Club
2	Matilda Brown	City of Sheffield Diving Club			
	Maya Kutty	Southampton Diving Academy			

SESSION 7 – 15:00

Men's Platform Final





UPCOMING EVENTS 2024

17-23 JUNE

EUROPEAN AQUATICS CHAMPIONSHIPS

Belgrade, Serbia

8-14 JULY

EUROPEAN JUNIOR DIVING CHAMPIONSHIPS

Rzeszow, Poland

20-26 JULY

AQUATICS GB SUMMER CHAMPIONSHIPS

Ponds Forge International Sports Centre, Sheffield

26 JULY - 11 AUGUST

OLYMPIC GAMES

Paris, France

24 NOVEMBER - 1 DECEMBER

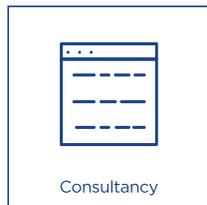
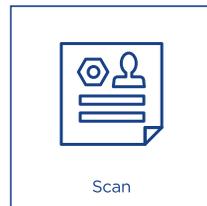
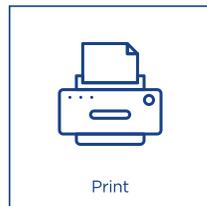
WORLD AQUATICS JUNIOR DIVING CHAMPIONSHIPS

Rio De Janeiro, Brazil

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I N T E N T 2 . 0

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GUESS THE DIVER ANSWERS

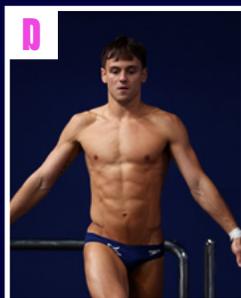
Did you guess the athletes that are hidden behind the silhouettes? Here are the answers below:

A: Andrea Spendolini-Sirieix

B: Grace Reid

C: Jack Laugher

D: Tom Daley





Aquatics GB