



## 1 Policy purpose

- 1.1 This Selection Policy outlines the process for selecting the Diving team to represent Great Britain at the 2025 European Aquatics Junior Diving Championships.

## 2 Performance Objectives

- 2.1 The Performance Objectives for the selected Team at the 2025 European Junior Championships are as follows:
- 2.1.1 The team to secure a Top 3 Nation ranking.
  - 2.1.2 All athletes to make a final (top 12).
  - 2.1.3 To provide essential international experience and progress towards senior team selection for the 2028 Los Angeles Olympic Games & beyond.

## 3 Selection Overview

- 3.1 All selections will be made by a Selection Panel, comprising 3 members. The Selection Panel members are: the Associate Performance Director, Head Coach Diving, and the Performance Pathway Lead Diving, with a record of the Selection Meeting taken by a note taker.
- 3.2 Selections will be made from Performances at the 2025 British Elite Junior Diving Championships, Plymouth, 10<sup>th</sup> -13<sup>th</sup> April 2025.
- 3.3 Divers age groupings are: Group B - 14 and 15 years, and Group A - 16, 17 and 18 years, in 2025.

## 4 Team Size

- 4.1 European Aquatics makes provision that each National Federation may enter a maximum of two (2) competitors per event for each individual event and one (1) team of two (2) competitors for each synchronised and mixed diving event.
- 4.2 Up to a maximum of 18 divers may be selected for the 2025 European Junior Championships. There is no obligation on Aquatics GB to select 18 athletes and the total team size will be determined by the Associate Performance Director (APD) at his complete discretion.
- 4.3 The split of places by gender will be at the complete discretion of the Selection Panel.
- 4.4 Priority will be given to selections in Olympic events.
- 4.5 Divers based overseas (outside of the United Kingdom) should take specific note of the General Conditions of this policy, with specific reference to clauses G3, G7 and G8.

## 5 Selection Process

- 5.1 Divers will be selected for individual Olympic events based upon the performance standards laid out in Table 1 Selection Standards table.
- 5.2 The highest ranked British diver in the final of the 2025 British Elite Junior Championships will be selected providing they have achieved the 'Prelim' AND 'Final' Performance Standard in Table 1.
- 5.3 Divers will be **considered** by the Selection Panel for selection for any remaining places (subject to clauses 4.1 and 4.2) based on the following (not in priority order):
- 5.3.1 Divers achieving a minimum of the 'Prelim' performance standard set out in Table 1, achieved at the 2025 British Elite Junior Championships in either the prelim or final.
  - 5.3.2 Divers with a demonstrated proven performance track record as assessed against the Dive Progression Charts (DPC). Benchmark standards by age from either age group or senior competition will be reviewed. Performances will be ranked against the standards when comparison between divers of different age and category are being made. All domestic and international performances from 1<sup>st</sup> September 2024 up to and including 28<sup>th</sup> April 2025 will be considered.



5.3.3 Synchronised Teams – Teams will be selected from any eligible athlete at the discretion of the Selection Panel (subject to clauses 4.1 and 4.2).

**6 Event Entries**

6.1 This policy nominates divers for the 2025 European Junior Championships. The Pathway Lead in consultation with the Head Coach of Olympic diving has the responsibility to then determine all final event entries.

**7 Announcement**

7.1 The 2025 European Junior Championship Team will be announced on or before Monday 28<sup>th</sup> April 2025.

**Table 1 - Selection standards 2025 – European Junior Championships**

Category	Event	2025 Prelim Performance Standard	2025 Final Performance Standard
Girls Group B	1m	285	300
Girls Group B	3m	305	325
Girls Group B	Platform	270	300
Girls Group A	1m	350	375
Girls Group A	3m	380	400
Girls Group A	Platform	335	350
Boys Group B	1m	340	365
Boys Group B	3m	385	425
Boys Group B	Platform	345	375
Boys Group A	1m	435	475
Boys Group A	3m	505	535
Boys Group A	Platform	450	500

The Prelim Performance Standard for 2025 are based on an average of the 6th place standard taken from the prelim of the European Junior Diving Championship 2022 to 2024.

The Final Performance Standards are based on an average of the bronze medal-winning standard taken from the finals of European Junior Diving Championships 2022 to 2024.



## **SELECTION POLICY GENERAL CONDITIONS**

### **Eligibility**

Athletes must:

- G1 Be a British citizen and eligible to represent Great Britain as per the relevant FINA rules.
- G2 Have completed a Selection Acceptance Form to confirm they will be available to participate. Failure to do so will be interpreted as non-availability by Aquatics GB. Selection Acceptance Forms will be provided by Aquatics GB to qualifying team members.
- G3 Be available to fulfil all team commitments.
- G4 Comply with any other World Aquatics eligibility criteria from time to time, including in respect of nationality and/or anti-doping.

### **Team Commitments**

All Team members (athletes and staff) will be required to:

- G5 Comply with the Aquatics GB Code of Conduct. A breach of the Aquatics GB Code of Conduct may result in de-selection from the team.
- G6 Abide by media protocols of the Aquatics GB Diving Programme. Divers must only speak to the media about their own performances. The Head Coach Olympic Diving and Associate Performance Director may discuss performances of the entire team.
- G7 Not take holiday or attend overseas camps and/or competitions between the British Championships and the meet for which they have been selected without prior written approval from the Associate Performance Director.
- G8 Make themselves available for all team activities designated by the Head Coach Olympic Diving (including but not limited to preparation camps and staging camps). No team member will be allowed to leave a national team camp or undertake any activities that are not directly relevant to the team camp programme, this includes any external media, sponsor, or social activities. Failure to attend the required activities could result in withdrawal from the team. Under exceptional circumstances, written approval to be excluded from activities may be given by the Associate Performance Director.
- G9 Comply with Aquatics GB and World Aquatics swimwear regulations at the 2025 World Championships.

### **Withdrawals**

- G10 If for any reason an athlete is unable or unwilling to fully comply with the Team Commitments (G5 to G9) they may be withdrawn from the team.
- G11 Divers becoming unfit due to illness or injury (physical or mental) at any time following their selection must notify Aquatics GB immediately and will be required to undertake a full medical examination which may result in the swimmer being de-selected from the team at the complete discretion of the Panel. In the event of injury or illness athletes may be deselected if they pose a risk to themselves, other athletes or team staff as determined by the Aquatics GB Chief Medical Officer or their designate.

### **Replacements**

- G12 Replacement of athletes withdrawn from the team will be considered at the complete discretion of the Panel if viewed to be in the best interest of the overall team performance, subject to clause 4.1.

### **Other**

- G13 The World Class Leadership Team (WCLT) may amend selection policies at any time at its discretion.



**Aquatics GB**

**2025 European Aquatics Junior Diving Championships  
23<sup>rd</sup> – 29<sup>th</sup> June 2025, Athens, GREECE  
SELECTION POLICY**

### **Appeals**

G14 Any appeals against selections in relation to selection policies must be made in accordance with the Aquatics GB Team Selection Appeals Procedures, available online at <https://www.britishswimming.org/performance/swimming/selection-policies/team-selection-appeals/> or by request from Adam Clarke, Head of Performance Services via email at [adam.clarke@aquaticsgb.com](mailto:adam.clarke@aquaticsgb.com). Athletes should be aware of the time limits contained in the Procedures, which are designed with the intention of resolving issues expeditiously and fairly.

# **DIVE PROGRESSION CHARTS**



**Aquatics GB**

**2025 European Aquatics Junior Diving Championships  
23<sup>rd</sup> – 29<sup>th</sup> June 2025, Athens, GREECE  
SELECTION POLICY**



**2025 European Aquatics Junior Diving Championships  
23<sup>rd</sup> – 29<sup>th</sup> June 2025, Athens, GREECE  
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Progression Table - Womens 3m

	Basic Competitive List (5)	D.D	Desirebale Competitive List (5)	D.D	Skills in Development	Seasons Best aim	Required Dives aim	Bench Mark Meet & Target
						x 5 dives from 5 grps	5 from 5 grps @ 9.5dd	
Senior	107b, 405b, 205b, 305b, 5152b	15.1	107b, 405b, 205b, 305b, 5154b	15.5	5154b, 5337d, 407c, 307c	335	215	Olympics / World medalist (330+)
Senior Development	107b, 405c, 205b, 305c, 5152b	14.6	107b, 405b, 205b, 305b, 5152b	15.1	107b, 305b	310	210	World top 12 & Europeans top 6 (280+)
Junior (A3)	107c, 405c, 205b, 305c, 5152b or 5335d	14.2 - 14.3	107b, 205b, 305b, 405b, 5152b or 5335d	15.0- 15.1	107b, 305b	270+	205	World / European Junior medalist (420+)
Junior (A2)	105b, 405c, 205c, 305c, 5152b or 5335d	13.6- 13.7	107c, 205b, 305b, 405b, 5152b or 5335d	14.7- 14.8	205b, 305b, 405b, 107b, 5152b	270+	200	World / European Junior medalist (420+)
Junior (A1)	105b, 405c, 205c, 305c, 5152b or 5335d	13.6- 13.7	105b, 205b, 305b, 405b, 5152b or 5335d	14.3- 14.4	107c, 205b, 305b	260+	195	World / European Junior top 6 (410+)
Junior Development (B2)	105b, 205c, 303b, 405c, 5235d or 5333d	13.0- 13.1	105b, 205c, 305c, 405c, 5235d or 5152b	13.5- 13.7	107c, 405b, 5152b, 5335d	245+	195	World / European Junior medalist (350+)
Junior Development (B1)	105b, 205c, 303b, 405c, 5233d or 5333d	12.6- 12.7	105b, 205c, 305c, 405c, 5333d or 5134d	13.2	107c, 5235d	235+	190	World / European Junior top 6 (335+)
Youth (C2)	105b, 203b, 303c, 405c or 5233d or 5132d	11.4- 11.7	105b, 205c, 305c, 405c, 5233d or 5134d	13.1- 13.2	305c, 5333d	220+	180	Junior Development Bench Marks achieved
Youth (C1)	105b, 203b, 303c, 403b, 5132d or 5233d	10.8- 11.1	105b, 205c, 303c, 405c, 5233d or 5134d	12.3- 12.4	405c, 205c, 303b, 5134d	200+	180	Junior Development Bench Marks achieved
Youth (D2)	105b, 203b, 303c, 403b, 5132d or 5231d	10.7- 10.8	105b, 203b, 303b, 403b, 5132d or 5233d	11.1 - 11.4	303b, 5233d, 5331d	180+	171	Talent Games & selection onto Youth Squad
Youth (D1)	105c, 203c, 303c, 403c, 5132d	10.1	105c, 203c, 303c, 403b, 5132d	10.1	203b, 5233d, 105b	170+	165	Talent Games & selection onto Youth Squad



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**2025 European Aquatics Junior Diving Championships  
23<sup>rd</sup> – 29<sup>th</sup> June 2025, Athens, GREECE  
SELECTION POLICY**

Progression Table - Mens 3m

	Basic Competitive List (6)	D.D	Desirebale Competitive List (6)	D.D	Skills in Development	Seasons Best aim	Required Dives aim	Bench Mark Meet & Target
						x 6 dives from 5 grps	5 from 5 grps @ 9.5dd	
Senior	109c, 207c, 307c, 407c, 5154b, 5337d or 5353b	21 - 21.2	109c, 207c, 307c, 407c, 5154b, 5156b, 5337d	21.2- 21.7	407b, 109b, 307b	500+	225+	Olympics / World medalist 510+
Senior Development	107b, 205b, 305b, 405b, 5154b, 5337d	19.9	109c, 207c, 307c, 407c, 5154b, 5353b or 5337d	21.1- 21.2	109c, 307c	450+	220+	World top 12 & Europeans top 6 (390-415+)
Junior (A3)	107b, 205b, 305b, 405b, 5152b, 5154b	18.5	109c, 205b, 307c, 407c, 5154b, 5337d, 107b	20.2- 20.5	407c, 307c, 109c, 5337d	400+	220+	World / European Junior medalist (540+)
Junior (A2)	107b, 205b, 305b, 405b, 5152b, 5335d	18	107b, 205b, 305b, 405b, 5154b, 5152b, 5335d	18.4- 18.5	5154b, 5337d, 407c or 5353b	380+	210+	World / European Junior medalist (540+)
Junior (A1)	107c, 205c, 305c, 405c, 5152b, 5335d	17	107b, 205b, 305b, 405b, 5154b, 5152b or 5335d	18.4- 18.5	107b, 5337d, 305b	350+	205+	World / European Junior top 6 (520+)
Junior Development (B2)	107c, 205c, 305c, 405c, 5235d, 5152b	16.9	107b, 205b, 305b, 405b, 5152b, 5335d	18	5152b, 205b, 405b	335+	200+	World / European Junior medalist (440+)
Junior Development (B1)	105b, 205c, 305c, 405c, 5235d, 5134d	16	107c, 205b, 305c, 405b, 5152b, 5335d	17.5	5152b, 205b, 405b	310+	200+	World / European Junior top 6 (400-430+)
Youth (C2)	105b, 205c, 305c, 405c, 5233d, 5333d, 107c	15.6	107c, 205c, 305c, 405c, 5333d, 5134d	16.1	107c	275+	190+	Junior Development Bench Marks achieved
Youth (C1)	105b, 203b, 303b, 405c, 5132d, 5233d	14.2	105b, 205c, 303b, 405c, 5233d, 5134d	15.1	205c, 305c, 405c, 5134d	255+	185	Junior Development Bench Marks achieved
Youth (D2)	105c, 203b, 303b, 403b, 5132d, 5231d	13.1	105b, 203b, 303b, 403b, 5132d, 5233d	13.7	5233d, 205c, 405c	240+	171	Talent Games & selection onto Youth Squad
Youth (D1)	105c, 203c, 303c, 403b, 5132d, 5231d	12.3	105c, 203c, 303c, 403b, 5132d, 5231d	12.3	105b, 203b, 303b, 5233d	220+	165	Talent Games & selection onto Youth Squad





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**Progression Table - Womens Platform**

	Basic Competitive List (6)	D.D	Desirebale Competitive List (6)	D.D	Skills in Development	Seasons Best aim	Reqired Dives aim	Bench Mark Meet & Target
						x 5 dives from 5 grps	4 from 4 grps @ 7.6dd	
Senior	107b, 407c, 5253b, 305c, 6243d	15.4	107b, 407c, 207c, 6243d or 626c, 5253b	15.9	207c, 307c	380+	185+	Olympics / World medalist (370+)
Senior Development	107b, 407c, 5253b, 205b, 305c	14.6	107b, 207c, 407c, 5253b, 6243d or 626c	15.4	207c	320+	175+	World top 12 & Euro top 6 (260+)
Junior (A3)	107b, 405b, 5152b, 205b, 305c	14.3	107b, 407c, 5253b, 6243d, 207c	14.6-15.4	6243d, 407c, 5253b, 207c	275+	170+	World / Euro Junior medalist (360-400+)
Junior (A2)	107b, 405b, 5152b, 205b, 305c	14.3	107b, 407c, 5253b, 205b or 205c (5m), 305c	14.6-15.4	407c, 5253b, 207c, 6243d	265+	170+	World / Euro Junior medalist (360-400+)
Junior (A1)	107b, 405b, 5152b, 205c (7m) 305c	14.3	107b, 405b, 5253b, 305c, 624c (7m), 205c (5m)	14.6-15.4	407c, 5253b, 207c, 6243d	250+	170+	World / Euro Junior top 6 (340-380)
Junior Development (B2)	5152b, 405c (7m), 205c (7m), 107c or 105b (5m), 5233d 5m, 624c (7m)	13.8-14.3	5253b, 107b, 405b, 205c 7m, 305c, 624c (7m)	14.6-15.4	107b, 5253b, 305c	240+	170+	World / Euro Junior medalist (315-330+)
Junior Development (B1)	5233d (5m), 405c (7m) 205c (7m) 105b 5m, 303c (5m)	13.5	405b, 105b (5m), 5233d (5m), 205c (7m), 303c (5m)	14.3+	107b, 405b	235+	165+	World / Euro Junior top 6 (300-315+)
Youth (C2)	105b (7m) 405c (7m) 303c (5m) 203b (5m) 5233d (7m), 612b (5m)	12.4-13	105b (5m) 405c (7m) 205c (7m) 303c (5m) 5233d (5m) 612b (5m)	13	205c (7m)	225+	155+	Junior Development Bench Marks achieved
Youth (C1)	105b (7m) 405c (7m) 303c (7m) 203b (5m) 5233d (7m), 612b (5m)	11.4-11.7	105b (5m) 405c (7m) 205c (7m) 303c (5m) 5233d (5m) 612b (5m)	13	105b (5m) 5233d (5m) 405c (7m) 205c (7m)	215+	155+	Junior Development Bench Marks achieved
Youth (D2)	105c (5m) 403b (5m) 203c (5m) 303c (5m) 5132d or 5231d (5m)	10.9	105c (5m) 403b (5m) 203c (5m) 303c (5m) 5132d or 5231d (5m)	11.1	5233d (5m)	200+	155+	Talent Games & selection onto Youth Squad
Youth (D1)	105c (5m) 403b (5m) 203c (5m) 303c (5m) 5132d or 5231d (5m)	10.9	105c (5m) 403b (5m) 203c (5m) 303c (5m) 5132d or 5231d (5m)	11.1	203b (5m) 105b (7m)	200+	150+	Talent Games & selection onto Youth Squad



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Progression Table - Mens Platform

	Basic Competitive List (6)	D.D	Desirebale Competitive List (6)	D.D	Skills in Development	Seasons Best aim	Requird Dives aim	Bench Mark Meet & Target
						x 6 dives from 6 grps	4 from 4 grps @ 7.6dd	
Senior	109c, 207c, 307c, 407c, 5255b, 626c or 6245d	20.5-20.9	109c, 207b, 307c, 407c or 407b, 5255b or 5172b or 5156b, 626b or 6245d	21.1+	109b, 407b, 5255b, 6245b, 626b, 207b	500+	200+	Olympics / World medalist (540+)
Senior Development	107b, 207c, 307c, 407c, 5253b or 5237d, 626c or 6243d	19.3-19.5	109c, 207c, 307c, 407c, 5255b, 626c or 6245d	20.5-20.9	5255b, 626b, 6245d, 109c, 207b	465+	185+	World top 12 & Europeans top 6 (400+)
Junior (A3)	107b, 207c, 307c, 407c, 5253b or 5237d, 626c or 6243d	19.3-19.5	109c, 207c, 307c, 407c, 5255b, 626c or 6245d	20.4-20.5	5255b, 626b, 6245d, 109c	438+	180+	World / European Junior medalist (500 - 525+)
Junior (A2)	107b, 207c, 305c, 407c, 5253b or 5237d, 626c or 6243d	18.7-18.8	107b, 207c, 307c, 407c, 5255b, 626c or 6245d	19.7-19.8	5255b, 626b, 6245d, 109c	410+	175+	World / European Junior medalist (500 - 525+)
Junior (A1)	107b, 205c (5m), 305c, 407c, 5253b, 626c or 6243d	18.4-18.5	107b, 207c, 305c, 407c, 5253b, 6243d, 626c	18.7-18.8	307c, 5255b, 626b, 6245d, 109c	360+	175+	World / European Junior top 6 (470-500+)
Junior Development (B2)	107b, 405b, 5253b, 6243d or 624c 5m, 305c, 205b	17.3 - 17.9	107b, 407c, 205b, 305c, 5253b, 626c or 6243d		407c, 207c, 6243d, 626c	340+	175+	World / European Junior medalist (390 - 400+)
Junior Development (B1)	107b, 305c, 5235d 7m, 405b, 205c 7m, 624c 7m	16.6	107b, 405b, 205b, 305c, 5253b, 626c (7m)	17.1	624c (5m), 407c, 5253b, 6243d	320+	170+	World / European Junior top 6 (360+)
Youth (C2)	107c 7m, 405c 7m, 205c 7m, 303c 5m, 624c 7m, 5233d 5m	15.3	107c (7m), 405c (7m), 205c (7m), 305c(7m) 624c (7m) 5235d (7m)	16.4	305c, 405b, 105b/7b	300+	160+	Junior Development Bench Marks achieved
Youth (C1)	105b 7m, 405c 7m 205c 7m 303c 5m, 5233d 7m, 612b 7m	14.3	105b (5m), 405c (7m), 205c (7m), 303c (5m), 624c (7m), 5233d (5m)	15.3	305c, 405b, 105b/7b	300+	160+	Junior Development Bench Marks achieved
Youth (D2)	105b 5m, 403b 5m 203c 5m, 303c 5m, 5132d 5m, 612b 5m	13	105b (5m), 403b (5m), 203b (5m), 303c (5m), 5132d (5m), 612b (5m)	13.3	405c (7m) 624c (7m) 5233d (7m)	255+	150+	Talent Games & selection onto Youth Squad
Youth (D1)	105c 5m, 403b 5m, 203c 5m, 303c 5m, 5132d 5m, 612b 5m	12.6	105b (5m), 403b(5m), 203b (5m), 303c (5m), 5132d (5m), 612b (5m)	13.3		240+	145+	Talent Games & selection onto Youth Squad